# BAH-KHO-JE Journal



VOL. 22 NO. 22

Iowa Tribe of Oklahoma, Rt. 1 Box 721, Perkins, Oklahoma 74059

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I WOULD LIKE TO EXTEND MY SINCERE APOLOGIES TO LORI FRANKLIN AND THE ENTIRE MURRAY FAMILY FOR NEGLECTING TO INCLUDE THIS INFORMATION IN NOVEMBER'S EDITION OF THE BAH-KHO-JE JOURNAL ~ Sally Lay

In This Edition	Elder's Menu4	Job Vacancies
Veterans Memorial	Children's Book	OES News

PAGE 2 DECEMBER 2008

# **FEATURE**

BAH-KHO-JE JOURNAL



**Veterans Memorial Dedication Ceremony** 













# 2008 Elder's Thanksgiving







BAH-KHO-JE JOURNAL FEATURE DECEMBER 2008 PAGE 3



Don't Miss Out on Your Chance to SAVE!



Located at the Iowa Tribe of Oklahoma Complex 405-547-2402 x 327

New Holiday Hours
December 1 - 31
Monday - Friday
8am-6pm
Saturday 10am - 3pm

All items are an additional 10% off!

Blankets starting at \$19 each!

Many new Pendleton items just received!



Sale prices good through 12/31/2008 Discounts can be combined with Tribal member and employee discount to receive an additional 10% off.

PAGE 4 DECEMBER 2008 **ELDER MENU** BAH-KHO-JE JOURNAL

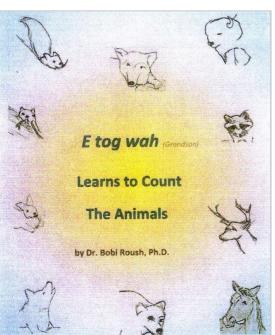
# December 2008

#### Iowa Tribe Title VI Menu and Elders' Activities

Iowa Tribe Title VI Menu and Elders' Activities					
Monday	Tuesday	Wednesday	Thursday	Friday	
Salmon Patties Brussels Sprouts Sweet Potatoes Biscuit Splenda Peach Crisp Milk	2 Sitter-cise 1 - 2 Goulash Mixed Vegetables WW Bread Pears Milk	3 Chicken w/ Noodles Green Beans Salad Fruit Cup Milk	4 1 – 4 Craft Day Pizza Green Salad w/ tomatoes Orange Slices SF Jell-O w/ fruit and nuts Milk	5 Shopping Western Scrambled Eggs Bacon Biscuit and Gravy Tomato Slices Orange Juice Milk	
Fish Sticks Broccoli Macaroni Cheese Salad w/ dressing Mixed Fruit Milk	9 Roast Beef Mashed Potatoes/ gravy Asparagus Salad Peaches Roll Milk	10 Elders Christmas Party 11:30 — 1:30 Steam Fry ½ Boiled Potato Seasoned Green Beans Fry Bread Mandarin Oranges Milk	11 Soft Turkey Taco w/ lettuce & tomato Spinach Salad Refried Beans Strawberry Fluff Milk	P-up/Deliver Commodities Hard Boiled Egg Oatmeal w. nuts Blackberries Orange Milk	
15 Sloppy Joes w/ Buns Baked French Fries Green Salad Cinnamon Apples Milk	16 Sitter-cise 1 - 2 Cod Fillets Carrots Coleslaw Corn Bread Cherry Delight Milk	17 Chili w/ Cheese & Onions Crackers Veggie Sticks w/ Dip Berry Yogurt Parfait Milk	18 1 – 4 Craft Day Sliced Ham Sweet Potatoes Spinach Biscuit Splenda Peach Crisp Milk	19 Lunch and Learn w/ Clinic French Toast w/ Strawberries Bacon Orange Juice Milk	
Meatloaf Green Beans Scalloped Potatoes Pears Roll Milk	23 Baked Chicken Zucchini & Toma- toes Corn Wheat Bread Fruit Cup	Beef w/ Corn Soup  ½ Boiled Potato Green Beans Fry Bread Fresh Fruit Milk	CHRISTMAS DAY	26 Scrambled Eggs Ham Toast Grape Juice Apricots Milk	
Tuna Salad on WW Toast Chunky Tomato Soup Garden Salad Mandarin Oranges Milk	30 Pork Chops Stir Fry Vegetables Spring Rolls Fortune Cookies Milk	31 Chicken & Vegetable Soup Corn Bread Splenda Cherry Crisp Milk	January 1, 2009 Happy New Year	January 2 2009  Western Scrambled Eggs Bacon Biscuit and Gravy Tomato Slices Orange Juice Milk	

**BAH-KHO-JE JOURNAL NEWS DECEMBER 2008** PAGE 5





# Preview!!

Watch for the First of Three Children's Books Coming Soon from the Cultural Preservation Department, Language Program. Dr. Bob Fields, Cultural Preservation Officer and Dr. Bobi Roush, Language Manager

PAGE 6 **DECEMBER 2008** 4 WINDS **BAH-KHO-JE JOURNAL** 

# **BAH-KHO-JE** Journal

The BAH-KHO-JE Journal s the official publication of he Iowa Tribe of Oklahoma.

The Iowa Tribe of Oklahoma s located 4 miles south o Perkins, Oklahoma on State Highway 177.

#### The BAH-KHO-JE Journal

Editor Sally Lay

#### **Tribal Officers**

Chairman Christie Modlin

ice-Chairman Perri Ahhaitty

Treasurer Judith Shores

ecretary Eugene Big Solider

Council Person Renee Lincoln Prince

Send all correspondence to:

BAH-KHO-JE Journal Rt. 1 Box 721 Perkins, Oklahoma 74059

slay@iowanation.org 405-547-2402\* 257

If you aren't getting a newsletter and would like one, do not hesitate to call me in enrollment to update your mailing address or submit a request.



#### **Early Head Start**

Early Head Start is a child developmen program for children ages 0-3 years. Families must meet income eligibility. Diapers, baby wipes, infant formula, baby food, and dietician approved breakfast, lunch and snacks are all provided free of charge.

> Early Head Start hours are 9 a.m. to 3 p.m.

Early Head Start uses Creative Curriculum and Baby Signing Time.

- Newborns welcome
- Infants and toddlers with special needs welcome
- No application fee
- Additional child care is available from 7 am to 6 pm
- Creative Curriculum and Baby Signing Time
- Surveillance cameras are located in every classroom and outside the facility
- Security door lock entry system; must have personal code to enter without assistance
- Other programs available for preschool and school-age children up to
- Tribal membership is not required to enroll. The center serves members of the Iowa Tribe, children with CDIB card and non-natives
- DHS Title XX assistance accepted for before and after care services.
- Tribal voucher assistance accepted for before and after care services.



## **Mission Statement**

The mission of the Iowa Tribe Early Head Start is to celebrate and support the diversity of families through services which are family driven, coordinated, integrated and culturally appropriate and comprehensive.

Tah-Je-Do-Weh-Che is a tribally operated, DHS licensed child development center located 3 miles south of Perkins, west of Hwy 177. Funding is provided through the Child Care and Development Fund Block Grant and Early Head Start, both of which are governed by the Department of Health and Human Services Administration for Children and Families.













**Hours of Operation:** Monday — Friday 7:00 a.m. to 6:00 p.m. For application and information contact: Chelsea Ownbey, Site Supervisor or Trish Mutters, ERSEA/Data Entry Specialist Phone (405) 547-5826 Fax (405) 547-5991 Rt. 1 Box 721 3524 W. 76th Rd. Perkins, OK 74059

BAH-KHO-JE JOURNAL **UPDATE DECEMBER 2008** PAGE 7

# **Clinic Update**

We have hired a lot of new employees and are working hard to get fully staffed so we can accommodate the increased demand for healthcare in the community. Some of our new employees include: Katina Minney, RN (Public Health Nurse): Laurie Simpson, RN (Clinical Nurse): Stephanie Olney (Lab/X-ray); Laci Hornberger (Receptionist); Mallory Moore (Dental Assistant): Angela Coffman (Clinic Housekeeping): We are in the process of hiring a Dentist (GA Razook, DDS) and second Physician (David Reinecke. MD). The Dental Clinic is scheduled to open on November 3<sup>rd</sup> and will provide basic dental services two days per week. (Mondays and Tuesdays).

The Iowa Tribe of Oklahoma's clinic is reinstating the Health Advisory Board (HAB) and is now taking applications for community members to serve on Board positions. This HAB functions to provide "expertise to the health department through the Tribal Health Director in an advisory capacity" (according to the 2004 By-laws that I located). To qualify for appointment onto the HAB, community members must be consumers of Tribal Health Services programs. Appointments to the HAB will be by the Business Committee in accordance with applicable Tribal policy and procedures. Please contact Dr. Joy Carr, Director of Health Services at 405-547-2473 for more information.

In order to comply with State and Federal regulations, we are enforcing the following policies at the clinic: (1) patients must comply with the doctor's instructions for labs or follow-up appointments before medication refills will be authorized; (2) patients must give the Pharmacy 24 hours notice for prescription refills: (3) walk-in times are available daily for acute medical issues (spider bite, illness, recent trauma, etc.) - these times cannot be used for medication refills due to the length of time needed for such follow-up appointments. By enforcing these regulations, we are able to keep the Doctor and Pharmacist compliant with their licensing requirements and continue to provide services through the Indian Health Service.

# **Damage to the Eagle Aviary**

The Grey Snow Eagle House was damaged during the November 5, 2008 storms that hit the Perkins. OK area. There were at least two rotations spotted in the area. Because of the winds, the aviary was leaning to the east by about 10 degrees. Other damage included cracking of the cinder blocks around the bottom of the flight cage, splitting of the main beams, removal of some of the cedar slats, and

damage to the camera system. Fortunately, all eagles at the aviary were not harmed during the storm. The insurance company was immediately notified of the situation as well as the company that built the original structure. Since the damage, the aviary has been stabilized by placing guide wires on the west and east sides. By doing this, the aviary was pulled back to the upright position and it now is temporarily stabilized. A structural engineer will determine if the facility is a complete loss or if part of it can be saved. In order to repair the structure and permanently stabilize it, another facility to house the eagles will need to be built first. Aviary stabilized by An additional structure will provide a safe and non-stressful environment for the eagles while the current facility is being repaired.



guide wires on the west side.

# IOWA TRIBE OF **O**KLAHOMA

## **Current Job Openings**

**Mailing Address:** RR 1 Box 721, Perkins, OK 74059 Fax: (405)547-1092 obs@iowanation.org Phone(405)547-2402 www.iowanation.org

Equal Employment Opportunity Statement

he Iowa Tribe of Okla oma does not discriminate the basis or race, color ational origin, sex, relign, age, or disability status employment. However ndividuals of Indian ancesand Veterans will be ven preference by law in nitial employment or renployment.

#### dministration

ompliance Officer ribal Administrator

#### **Health**

SAPP Counselor

#### overnment

**Budget** Analyst Police Officer Dispatcher/Jailer Mentor/Tutor reschool Teacher Frant Writer nformation Technology Manager ocial Services Reception-

#### aming Commission

Gaming Commission Excutive Director

#### imarron Casino

raining & Development Manager Slot Floor Person - PT Maintenance Engineer Cashier Security Officer Soft Counter

**OES NEWS** PAGE 8 DECEMBER 2008

# Development of a comprehensive management plan for the Iowa Tribe of Oklahoma's Wildlife Conservation Area (ITOWCA)

The Office of Environmental Services (OES) received one year of funding from the U.S. Fish and Wildlife Service – Tribal Wildlife Grant (FWS-TWG) program. The grant will be used to develop a comprehensive management plan for the Tribe's Wildlife Conservation Area (ITOWCA). Funds will also be used for outreach activities to increase public awareness on the land management activities in the ITOWCA, wildlife and wildlife habitats in the area, and also of the FWS-TWG program activities.



**BAH-KHO-JE JOURNAL** 

weeds in the ITOWCA

#### What tribal resources are located in the ITOWCA?

The ITOWCA is approximately 240 acres and contains the eagle rehabilitation facility, the Bison in a field of broom-Conservation Center (wetland/outdoor educational facility), and the bison herd and rangeland.

#### What land management activities are currently being conducted in the ITOWCA?

The Tribe is in the process of restoring the prairie in the ITOWCA by planting native grasses and implementing common agricultural practices, such as conducting prescribed burns to manage weeds. The restoration is important because the prairie was a part of the Ioway and bison history and also because it will reduce feeding costs as the Tribe transitions the bison to a grass-fed herd. The Conservation Center, which is used as an outdoor educational facility, was developed to showcase wetland and prairie habitats. The prairie restoration will improve these habitats as well as landscape aesthetics, especially surrounding the eagle rehabilitation facility. Visitors that come to tour the aviary must enter the ITOWCA and drive through a section of the bison pasture, which is predominantly comprised of weeds. Prairie restoration should improve the landscape not only with native grasses, but also with forbs such as the Indian blanket, which is the state wildflower of Oklahoma.

### Why does the Tribe need a comprehensive management plan for the ITOWCA?

The Iowa Tribe needs to develop a comprehensive management plan in order to effectively and properly manage the bison and other land management activities while also ensuring the protection and management of wildlife species and wildlife habitats in the ITOWCA. One problem faced by the Tribe is that we don't know the impact of our agricultural and land management activities on wildlife and wildlife habitats in the ITOWCA. We need to determine which wildlife species are found in the ITOWCA and the habitats they use. We also need to identify any vulnerable habitats and develop management strategies to protect these resources. A wildlife assessment and monitoring program is essential for determining the impact of the Tribe's management activities on wildlife populations and should be included in the ITOWCA comprehensive management plan.



Indian blanket

#### The objectives of the ITOWCA comprehensive management plan will be to:

Provide direction for current and future resource managers and tribal leaders by documenting priorities, strategies and best management practices for resources in the ITOWCA

Evaluate management direction for resources in the ITOWCA and determine if the concerns, needs, and interests of the tribal community are being met

Identify areas of conflict and provide alternate management strategies

Implement adaptive management techniques to provide flexible and responsive management strategies based on scientific data gathered from monitoring programs, literature, and resource experts

The development of priorities and guidelines in the ITOWCA management plan will help the Tribe with decisionmaking for resource management activities which will ultimately increase the Tribe's capacity with protecting wildlife resources. In addition, integrating plans for ITOWCA resources should reduce repetitive and/or unnecessary management activities, reduce program costs, and ultimately lead to more sustainable programs.

If you would like to be involved with the management planning process or have questions about the Tribal Wildlife Grant program, please call the Office of Environmental Services at (405)547-5433.

BAH-KHO-JE JOURNAL **NEWS DECEMBER 2008** PAGE 9

# **Environmental News** From the Office of Environmental Services

## **Solid Waste Program**

Hello to all tribal members and non tribal members. I am writing this article to inform the public that the open dump clean up process has been completed. We were able to clean 7 of the 14 open dump sites. Environmental Management started on July 14, 2008 on the first dump site and completed the last dump on August 21, 2008.



The cleanup process is complete and we are all excited and pleased about the end results of this project. The soil sampling has, also, been completed and sent for analysis to Accurate Laboratories in Stillwater. I have received the test results back from the lab and the sites that were cleaned had no significant levels of contamination. Our final analysis is that the cleanup efforts were a complete success. I have put up no dumping and no trespassing signs on 6 of the 7 dump sites that were cleaned. I have, also, put up small stretches of fence on 2 of the seven of the dump sites to help with the control of the dumping activity.



Now that this part of the Solid Waste program is ended, a new part is just starting. I am working on writing an Integrated Solid Waste Management Plan. This plan will include a description of the community service area; of the Tribes solid waste program structure and administration; of the Tribe's current and proposed waste management practices; and of the funding, sustainability and long term goals of the solid waste program. I will be having public meetings for the tribal members real soon. I will, also, be sending our surveys that need to be completed and sent back to me. I need your feedback for the success of this project.

The Office of Environmental Services is pleased to announce that we are starting a recycling program for the Tribe. We are in the process of purchasing the recycling bins that will be placed in the office buildings of the tribal complex. We are also in the process of buying a small trailer to haul all the recyclables to the appropriate recycling centers. I, personally, am excited about the prospects of this program. I will keep all informed of the progress and possible activities that may occur. The public needs to understand the importance of recycling. We all need to try and do our part in helping to protect the environment.



# **Congradulations Rose Malone and Ron**

Rose Malone, VR Coordinator has been appointed to serve as a member of the Statewide Independent Living Council (SILC) 2008-2009.

Ron Baker has been appointed as Secretary, OKTVR Officer (Oklahoma Tribal Vocational Rehabilitation) for 2009-2011.

DECEMBER 2008 **NEWS PAGE 10** BAH-KHO-JE JOURNAL



#### **BABY Moccasin Making Session**



Dec. 4. 2008 Dec. 18, 2008 Dec. 31, 2008 Jan. 8, 2009

(1:00 pm - 5 pm)

White Cloud Building Perkins, Oklahoma

You are invited and welcome to join program participants and the ribal community. These are ongoing and open sessions. Please call



if you are interested or coming. Foster parents are encouraged to attend va Iribe Social Services, ICW, CIA-Child Protection,

VOC-Victimo Assistance & Title VI Programs Contact: Bernice | Sherry | Barbara (405) 547-2402 or 1.888.336.30Wa (4692)



# **December Incentive Activity**



We will be going to the Braum's Ice Rink for our December Incentive Activity, on December 13, 2008. We will meet at the TYP building at 10:30am, have lunch in Guthrie, and return to the complex at 4:30pm.

To attend this activity, youth must have at least 50% attendance to TYP for the months of November and December, and attended one activity (cultural, community service or substance abuse prevention)

If you have any questions, please contact Cho Werito, TYP Coordinator, 405-547-2792 or cwerito@iowanation.org

# Jowa Tribe of Oklahoma Carly Head Start Expectant Families Program

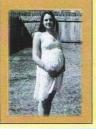


#### Program Information

A healthy pregnancy has a direct influence on th The Expectant Families Program is a FREE esigned to help eligible pregnant women receive The Iowa Tribe of Oklahoma Early Head Star

Education Building Room 105, which is the secon

either visiting the building or calling





- \* Monthly Visits \* Monthly Group Meetings
- \* Resource & Referral Network \* Prenatal Curriculum
- \* Education Information -Healthy Pregnanc -Fetal Developmer -Labor & Delivery
- -Breastfeeding -Parenting -Nutrition -Mental Health & -Much More!

tive and Non-Native Familie





Bah-Kho-Je Gallery

**Extended Holiday Hours** Everything in store 10% off

December 1– December 31<sup>st</sup> Monday – Friday 8am – 6pm Saturday 9am – 3pm

BAH-KHO-JE JOURNAL FEATURE DECEMBER 2008 PAGE 11

### **Feature Tribal Members**



Tribal member **Jesse Murray** has arrived in Iraq in the city of Ramadi. Jesse is deployed with the Oklahoma National Guard, Bravo Company as a Military Occupational Specialist. The group had been undergoing advanced training in Kuwait for the past month and just arrived in Iraq yesterday. They will be providing security for visiting dignitaries, serving as a rapid response team, and clearing houses as needed.

His address right now is: SPC Jesse Murray BCO 1 – 158 FA Camp Ramadi APO AE 09396



Mail call is a real highlight for our service members so I know Jesse would appreciate cards and letters from home especially around the holidays and birthday which is the 21st of December.

Sergeant Jesse Murray, United States Army 1996 – 2005, Oklahoma National Guard 2007 – present Service History:

1996 Served in the 101<sup>st</sup> Airborne for three years. Attended Air Assault School at Fort Campbell, Kentucky, earned Air Assault Wings

2000 Re-enlisted - Served 18 months in Korea at the Demilitarized Zone between North and South Korea

2002 – Attended Army Recruiter School in Fort Jackson, South Carolina. Served as a Recruiter in Bartlesville for 4 years. Earned Master Recruiter (Gold) Badge. Recruited his brother Joshua Murray into the Army.

2006 - Ended Army Career

2007 Joined Oklahoma National Guard. Current MOS – Military Occupational Specialist – 00 Bravo. Currently serving in Ramadi, Iraq.

Awards/Commendations: Expert Drivers Badge 4 Army Achievement Medals 3 Good Conduct Medals National Defense Service Ribbons Global War on Terror Ribbon

Schools Attended: Combat Lifesaver School Field Sanitation School Amour School Communication School (25 Foxtrot)

# Joshua Murray

Dates of service - Sept. 16, 2003- present Branch of service - United States Army, Sergeant Joshua Murray Dates of deployments - December 2004 - November 2005- Served in Mosul, Iraq



Attended Army Recruiter School at Fort Jackson, South Carolina. Currently serving as an Army Recruiter in Schenectady, New York

Awards, commendations, etc - 3 Army commendation medals, 2 Army achievement medals, Army good conduct medal, National Defense Service Medal, Iraqi Campaign Medal, Global War on Terrorism Service Medal, Army Service Ribbon, Non-commissioned Officer Professional Ribbon, Overseas Ribbon, Battalion and Group Soldier of the Quarter (fiscal year 2008, 3rd quarter) at Fort Carson, Colorado.

PAGE 12 DECEMBER 2008 FEATURE BAH-KHO-JE JOURNAL

# The Iowa Tribe of Oklahoma would like to wish everyone a Merry Christmas and a Happy New Year

**The BAH-KHO-JE Journal** Rt. 1 Box 721 Perkins, OK 74059